

## 55' Cable Kit Assembly/Hanging Instructions



**Example of how your cable assembly should look when finished**

### 55' Kit Includes

- 3 – 55' Cables
- 42 – Carabiners
- 6 – Eye to Hook Turnbuckles
- 6 – Small u-bolts

### Create your Cable Assemblies

Feed the cable through the end of the turnbuckle that has the eye, securing a loop with the u-bolt as shown in the picture. Un- screw the threads on the turnbuckle until you have about half of the treads showing on the inside of the turnbuckle (\* **see Attaching the Cable Assemblies** ). Do this with all three cable. You now have 3 cables with turnbuckles on each end.

### Attaching the cable Assemblies

Attach the hook end of the turnbuckle to whatever type of “anchor” system you are using (**Most Facilities use eyebolts in the walls or beams**). If your cables are to loose you can shorten them by adjusting your loop with the eyebolt. Twist the turnbuckle to take out excess slack in the cable. **DO NOT OVER TIGHTEN.**

### Hanging the Batting Cage

Lay out your batting cage under your cables. Start at one end of the cage and clip the carabiners to the net and rope approximately 3-4 feet apart all the way down and on all three top ropes. This type of cable system is great for sliding out of the way when not in use. **Now you are ready for some practice to be the best Athlete you can be.**